



Dear [XXXXXXXX],

You have/your child has been identified as a close contact of a case of COVID-19 at [name of school] on [date one].

Although there is still a risk of you/your child getting COVID-19, you/your child can continue to attend school provided you/your child remain well.

For additional peace of mind we recommend that you book a PCR test for you/your child. You can do this on Day 2 following last contact [date one + two days] or immediately on receipt of this letter if Day 2 is in the past, and on Day 8 following last contact [date one + eight days]. You can book a PCR test online through the NHS website at www.gov.uk/get-coronavirus-test or by calling 119.

We know that in general COVID-19 doesn't affect young people as seriously as it does others in our families and community. But to help keep others safe, there are still some things you/your child can do to reduce the risk of spreading the infection. For the next 10 days we recommend you/your child:

- **Avoid contact with anyone at greater risk from the effects of COVID-19 infection.**
This includes older people, those with long-term health conditions, and anyone who hasn't received a full course of COVID-19 vaccine.
- **Be alert for new symptoms.**
If you/your child start to feel unwell, no matter how mild the symptoms are, you/your child should stay away from school and get a PCR test.
- **Limit contact with large groups of people as much as possible.**
Try to keep the number of people in close contact with you/your child to as few as possible. Avoid large gatherings outside of school, social events (e.g. birthday parties) and after-school activities.
- **Keep washing hands regularly.**
This is still an important way to limit the spread of many infections, including COVID-19.

If you/your child remain well after Day 10 [date one + ten days] you can return to normal activities.

We know how disruptive the last year has been for everyone. This year we want to keep you/your child in school as much as possible, but we also want to keep our communities safe from the effects of COVID-19. We hope that you will be able to play your part by following the advice above.

[Yours]

